

Scrimmage Requirements  
(Formations, Snapping and Handing, Fumbles, Forward Progress)

The neutral zone is established when \_\_\_\_\_.

\_\_\_\_\_ is when a player is illegally in the neutral zone.

Team A Requirements:

a. Team A must have at least \_\_\_\_ players on the scrimmage line.

“On the scrimmage line” means: His \_\_\_\_\_ breaking the vertical plane through the waist of the \_\_\_\_\_.

b. No fewer than \_\_\_\_ linemen must be numbered \_\_\_\_\_ (except in a scrimmage kick formation).

c. Team A players not on the line must be legally in the \_\_\_\_\_.

This means no part of the player’s body breaks the plane through the waist of the \_\_\_\_\_.

d. One back may be in “no man’s land.” This player must be in position to receive a \_\_\_\_\_.

e. Each Team A player must have been between the \_\_\_\_ yard marks some time after the \_\_\_\_\_ and before the \_\_\_\_\_.

Team B Requirements:

a. All players must be \_\_\_\_\_.

b. After the snapper \_\_\_\_\_, and the \_\_\_\_\_ has been whistled, no player may be in or beyond the \_\_\_\_\_.

A defensive player is on his line of scrimmage when he is within \_\_\_\_ yard(s) of the neutral zone at the snap.

Following the RFP and after touching the ball, the snapper shall not:

a. Remove \_\_\_\_\_ hands from the ball.

b. Make any movement that \_\_\_\_\_ a snap

c. Fail to clearly \_\_\_\_\_ before the snap

d. Following adjustment, lift or move the ball other than in a legal snap

Snap definition:

In a snap, the movement must be a q\_\_\_\_\_ and c\_\_\_\_\_ backward motion of the ball during which the ball immediately leave the hand(s) of the snapper and touches a b\_\_\_\_\_ or the g\_\_\_\_\_ before it touches an A lineman.

TRUE or FALSE: The snap must be between the legs.

TRUE or FALSE: The snapper must face his opponent's goal line with his shoulders approximately parallel thereto.

Handing definition:

Handing the ball is transferring player possession from one player to a teammate in such a way that the ball is still in contact with the first player when it is touched by the teammate. Handing the ball is not a pass.

Forward handing occurs when the runner releases the ball when the entire ball is beyond the yard line where the runner is positioned.

When is forward handing a foul? (Rule 7-3)

What is the difference between a "fumble" and a "muff"?

Fumble: A player loses possession of the ball other than by p\_\_\_\_\_, k\_\_\_\_\_, or successfully h\_\_\_\_\_ it to a teammate.

Muff: The touching of a l\_\_\_\_\_ ball by a player in an u\_\_\_\_\_ attempt to secure possession.

A fumble that goes out of bounds between the goal lines, the ball is dead and belongs to the \_\_\_\_\_ team at the \_\_\_\_\_ spot.

Forward progress is the e\_\_\_\_\_ of advance of a runner towards the opponent's goal.

A runner's advance can end in four ways:

- a. He is down by r\_\_\_\_\_.
- b. His f\_\_\_\_\_ p\_\_\_\_\_ is stopped.
- c. He steps \_\_\_\_\_ of \_\_\_\_\_.
- d. He loses p\_\_\_\_\_ of the ball.